



The Global Mind Screen

(Mind Screen™)

Patient Information

✚ What is the Mind Screen?

The Mind Screen is a unique self assessment, computerized questionnaire to assist health professionals in the diagnostic assessment of their patient's emotional and psychological welfare (i.e. Mental Health).

✚ What conditions does the Mind Screen cover?

It covers **all** the major Mental Health conditions ranging from Depression, Anxiety, ADHD and Post Traumatic Stress Disorder to name but a few. [See *** below]

✚ Who would benefit from doing a Mind Screen?

Anyone concerned about their own, a family member or a friend's symptoms or behaviour of an emotional or psychological nature. (i.e. anxiety, excessive anger or depression).

A Medical Practitioner may advise a patient to undertake a Mind Screen as a means of their assessment or as a follow-up to measure their response to treatment or other interventions.

✚ How does the patient obtain a Mind Screen?

Most patients are referred by their Medical Practitioner, Psychologist or Psychiatrist who supplies them with a *Referral Form*, such as occurs when a doctor sends a patient for a blood test or X-ray.

Alternatively, the patient can *self refer* to a Mind Screen Centre. However, the Report *must be sent to their nominated health care professional* i.e. General Practitioner.

✚ Where is the Mind Screen done?

The Mind Screen may be undertaken either at a designated area *within* a health professional's practice or *externally* at a Mind Screen Centre in a hospital or within the community.

✚ What does the patient have to do to obtain a Mind Screen?

The patient simply rings up a Mind Screen Centre to make an appointment. When they attend the centre they register, pay the nominated fee and perform the Mind Screen.

✚ How long does it take to do the Mind Screen?

The average time taken to do the Mind Screen is approximately 20 minutes. Obviously, this will depend on the patient's responses to the questions, with some people taking longer than others depending on the complexity of their medical history.

✚ What happens to the Mind Screen Report?

The *confidential* Mind Screen Report is sent directly to the Nominated or Referring Practitioner, ready for evaluation prior to or at the patient's review consultation.



✦ **How much does the Mind Screen cost the patient?**

This should be discussed with the referring practitioner as this may vary from location to location. The fee at most centers will be approximately \$120.00. However, some charge pensioners or health-care card holders a reduced fee i.e. \$80.00.

✦ **Can the Mind Screen be reimbursed under Medicare or Private Health Insurance?**

At the present time the fee is not rebatable under Medicare or Private Health Insurance. However, steps are being investigated to make this possible in the future.

✦ **How often is it advisable to repeat a Mind Screen?**

Many practitioners repeat the Mind Screen after several weeks in order to assess a patient's progress or treatment program. The Mind Screen records the patient's progress, prints out the results as well as a *graphic representation* of the patient's conditions and compares its findings with previous tests.

This allows the practitioner greater insight into the patient's progress at the follow-up consultation.

*** Mind Screen Report:

List of Diagnoses

Mood Disorders

1. Major Depressive Disorder
2. Postnatal Depression
3. Suicidal Ideation
4. Unresolved Loss / Grief Syndrome
5. Possible Bipolar Spectrum Disorder

Psychotic Disorders

1. Possible Psychotic Disorder

Eating Disorders

2. Anorexia Nervosa
3. Bulimia Nervosa

Attentional Disorders

- (a) DSM IV Classification
- (b) Amen Classification



Anxiety Disorders

1. Generalised Anxiety Disorder [GAD]
2. Obsessive Compulsive Disorder [OCD]
3. Obsessive Compulsive Disorder
4. (without Rituals) [OCD –ve]
5. Panic Disorder
6. Pre-Menstrual Syndrome
7. Pre-Menstrual Dysmorphic Disorder [PMDD]
8. Post Traumatic Stress Disorder [PTSD]
9. Social Phobia
10. Claustrophobia
11. Specific Phobia
12. Agoraphobia

Problem Related to Abuse

1. Emotional Abuse
2. Physical Abuse
3. Sexual Abuse

Substance Related Disorders / Addictions

1. Alcohol
2. Nicotine
3. Caffeine

Illicit Drug Addiction

- (a) Cannabis
- (b) Ecstasy
- (c) Opioid
- (d) Speed

Medication Addiction

- (a) Analgesic Abuse
- (b) Tranquillizer Abuse

Addictive Behaviour (Syndrome)

- a. Gambling Addiction
 - b. Sexual Addiction
 - c. Computer Addiction
 - d. Exercise Addiction
 - e. Work Addiction
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